



News Release

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[Nancy Livingston](#)

Public Relations

651-779-3222

Fax 651-779-3470

[Century College](#)

3300 Century Avenue North

White Bear Lake, MN 55110

Doing Century College As a Twin

Amy and Sarah Daher of New Brighton are negotiating Century College with a built-in support system - each other.

Born 21 years ago with a gallery of 30 doctors watching, Amy and Sarah were highly unusual because they came from two eggs with a shared placenta. For a time, it was even thought that they might be conjoined. They were not. The birth was difficult, but things turned out fine.

Today these young women are animated, athletic, brainy and deeply connected with each other. They tend to talk in stereo, finishing each other's sentences and zooming from topic to topic. Graduates of St. Anthony High School in 2007, they were active in gymnastics for many years. At Century, they both play on the women's soccer team. Amy's goal is to become an attorney, and Sarah wants to be a criminal justice investigator.

"She's more the dreamer and I am more reality," said Amy.

“In restaurants, I can’t choose,” said Sarah. “I like it all.”

“I order for her,” said Amy.

Two years ago, Amy enrolled at Century and Sarah started college at a different school. This year, they are both at Century, happy to be together again.

“Amy calls me 30 times a day,” said Sarah.

“We are used to talking to each other,” said Amy. “We usually agree, but we are two strong personalities and when we disagree...”

“It’s a rumble,” said Sarah.

Amy and Sarah are firm believers that it takes a village to raise a child. Growing up, they lived with various family members and even their gym coach, for a time.

“What we have, we have worked for,” said Sarah, who noted that she and her sister have held a variety of jobs since they were 14 years old. “Our grandparents always told us that if you want something, you have to work for it.”